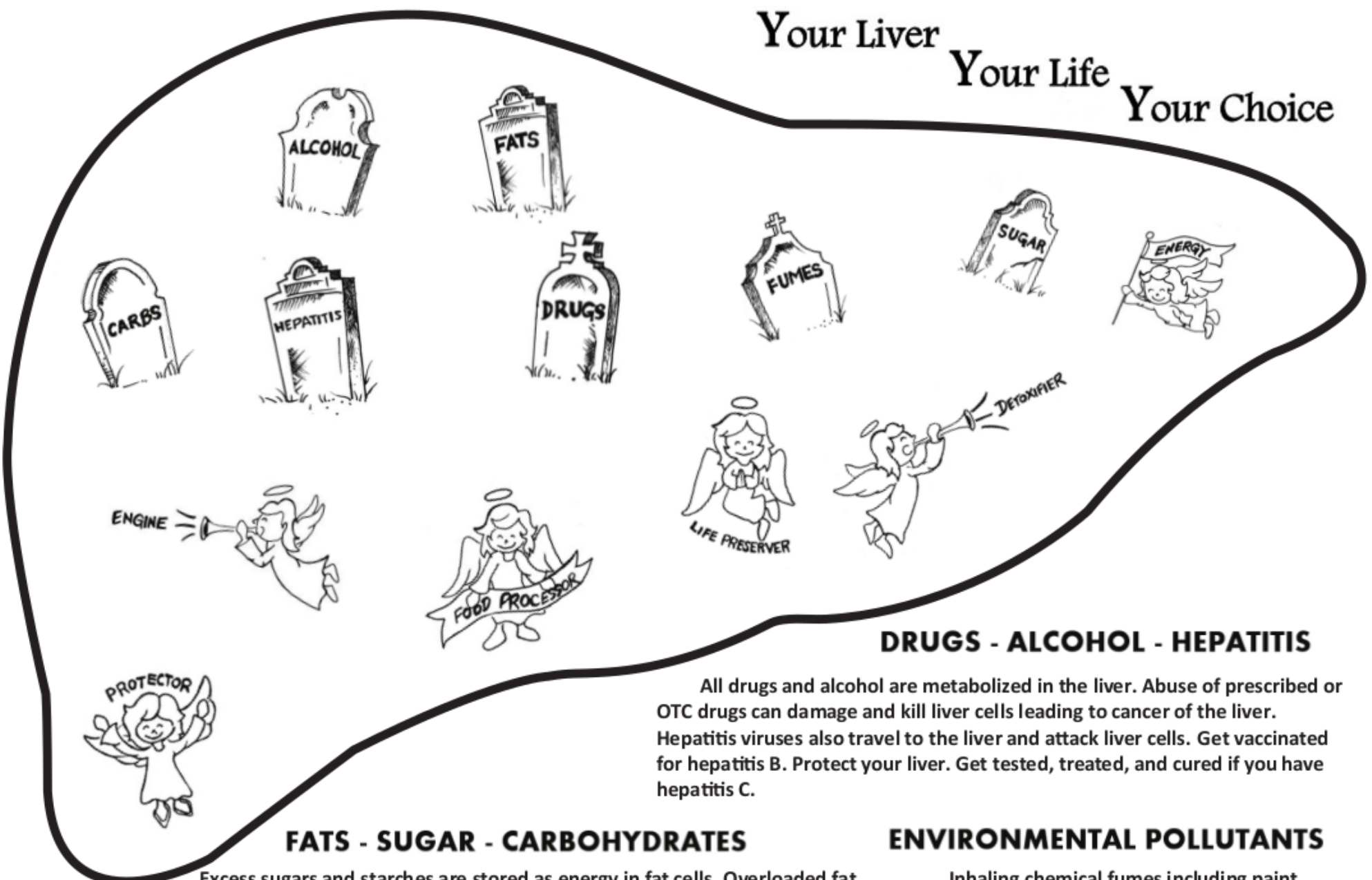


Your Liver Your Life Your Choice



DRUGS - ALCOHOL - HEPATITIS

All drugs and alcohol are metabolized in the liver. Abuse of prescribed or OTC drugs can damage and kill liver cells leading to cancer of the liver. Hepatitis viruses also travel to the liver and attack liver cells. Get vaccinated for hepatitis B. Protect your liver. Get tested, treated, and cured if you have hepatitis C.

ENVIRONMENTAL POLLUTANTS

Inhaling chemical fumes including paint thinners, aerosols, and disinfectants, and smoke can cause liver damage. Protect your liver.

FATS - SUGAR - CARBOHYDRATES

Excess sugars and starches are stored as energy in fat cells. Overloaded fat cells increase in size, struggle for oxygen, triggering inflammation and scarring (cirrhosis) that limits the cells' ability to perform essential life sustaining functions. The overflow of fats are sent to the abdomen, other organs, and arteries leading to high blood pressure and heart attacks. The choice is yours.

